



## Comfort Aid List

This document defines what comfort aids are permitted to all candidates, and which require permission when sitting an IFoA Assessment.

If you require a comfort aid which is not permitted as standard for all candidates, you must apply for [access arrangements](#).

### Permitted comfort aids for all candidates

- Auto-Injector, such as EpiPen
- Braces - Neck, Back, Wrist, Leg or Ankle Braces
- Casts - including slings for broken/sprained arms and other injury-related items that cannot be removed.
- Cough Drops - must be unwrapped and not in a bottle/container.
- Eye Drops
- Eyeglasses
- Glucose Tablets (does not include hard sweets) - must be unwrapped and not in a bottle/container.
- Hearing aids/Cochlear implant – See additional information below.
- Inhaler
- Medical Alert Bracelet - See additional information below.
- Medical Foot Stool
- Nasal drops/spray
- Pillow/Cushion
- Pills - i.e., aspirin, ibuprofen, paracetamol
- Canes
- Crutches
- Motorized Scooters/Chairs
- Walkers
- Wheelchairs
- Gloves
- Handheld, non-electronic magnifying glass, without the case.
- Tissues
- Bandages, which do not obscure your face and/or can be removed to verify your personal identification.



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- Medical device, which is attached to a person's body and inaudible - See additional information below.
- Spinal Cord Stimulator – See additional information below.
- Oxygen Tank, which must be self-contained and silent- See additional information below.
- Hot water bottle
- Seated stretching – at exam desk
- Light snack e.g. energy bar

### **Non-permitted Comfort aids – the use of which must be approved as an access arrangement.**

- Bandages - where they obscure the face and cannot be removed to verify your personal identification.
- Eye Patches
- Medical device – If device makes noise, then candidates must apply and be approved for an access arrangement. See additional information below.
- Continuous Glucose Monitor
- Insulin Pump
- TENS Unit
- Oxygen Tank – If the oxygen tank makes noise, or if power is required, then an accommodation approval is needed. See additional information below.
- Headphones/Earbuds
- Earplugs
- Dictation headphones
- Face mask
- Noise machine, for example a white noise machine
- Stretches/Physical therapy – away from exam desk
- Breast feeding

**Additional Information: If there is a need to take an external remote-control device into the testing room, including a mobile phone, candidates must apply and be approved for an accommodation to do so.**